

## Sport (Development, Coaching and Fitness) BTEC Level 3 National Diploma/Subsidiary Diploma

### ***What are the aims of the course?***

The course is a practical, work related course. You learn by completing projects and assignments that are based on realistic workplace assignments, activities and demands.

- Diploma -This course is equivalent to two A-Levels.
- Subsidiary Diploma – This course is equivalent one A-Level.

### ***What does it involve?***

		Diploma	Subsidiary Diploma
Core Units	Principles of Anatomy and Physiology in Sport	✓	✓
	The Physiology of Fitness	✓	✓
	Assessing Risk in Sport	✓	✓
	Fitness Training and Programming	✓	✓
	Sports Coaching	✓	
	Sports Development	✓	
	Fitness Testing for Sport and Exercise	✓	✓
	Practical Team Sports	✓	✓
Additional Units	Practical Individual Sports	✓	
	Sports Nutrition	✓	
	Leadership in Sport	✓	✓
	Sports Injuries	✓	

### ***How is it assessed?***

All units are assessed and graded internally. Coursework is produced for all units. An overall grade for the course is awarded as a combination of the grades achieved.

### ***Are there any specific entry requirements?***

The normal entry requirements apply for an Advanced course (5 A\*to C), including a pass for PE (BTEC) or a C in GCSE PE.

### ***Why is it a useful qualification?***

It would allow you to pursue a career in the expanding sport and leisure industry or progress to a higher education course. Students may also have the opportunity to partake in the Community Sports Leadership Award.